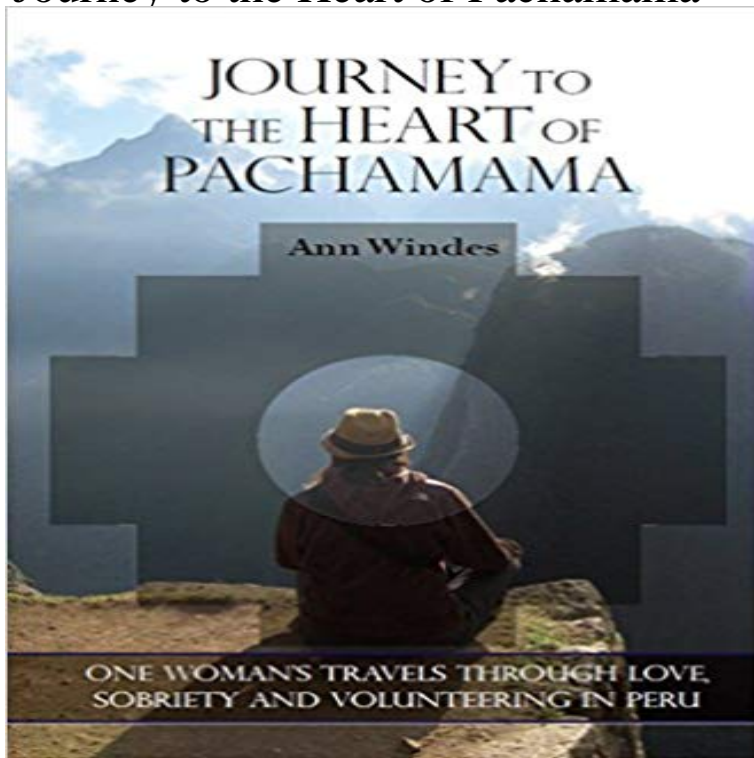


## Journey to the Heart of Pachamama



If you loved following the solo female adventures in *Eat, Pray, Love* by Elizabeth Gilbert or *Wild* by Cheryl Strayed- this is most definitely the book for you. The author of *Journey to the Heart of Pachamama* was a professional athlete and adventurer, who pushed beyond all sense of limitation and convention. Hers was a life fueled by addiction and the drive to be number one. However, the number one position proved to be not only lonely, but impossible to maintain against her most ruthless competitor-herself. From a hilarious pursuit to find true love, to getting sober and realizing that love is experienced only when it is given, this is her journey from Manhattan Beach, California to the indigenous villages of Peru, and finally, to the Heart of Pachamama. Her awakening-woven with naked candor, wisdom and humor is universal- True love finds us once we realize that we are the one weve been searching for.

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