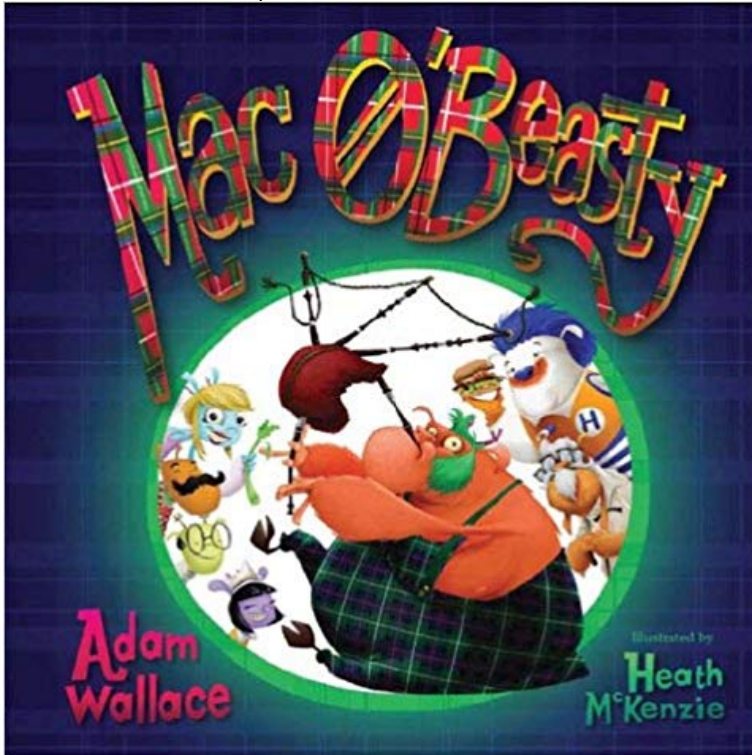


Mac OBeasty



This great book with brilliant illustrations, in a fun way teaches children about the importance of eating healthy and exercising. Mac OBeasty was a huge Scottish monster who dreamed of travelling the land, playing his bagpipes. Every time he played, all the other monsters danced and danced and danced. How they loved to hear him! Mac sadly wished he could dance to music but he was too big and fat. He had never ran, or climbed a tree even. Mac loved eating sugary food and fatty, yukky junk-food and it was making him so fat, he could hardly move. One day, a little monster called Julie, who was a personal trainer, told Mac that she needed to help him to lose some fat or he would die young from eating all the sugary and fatty junk-food, she told him his heart would just stop if he kept on eating all the junk! Julie helped Mac to walk, run, exercise, and in six months Mac lost heaps of weight and he just loved the change to his life. He also could dance now his feet just began to move one day when he was playing his bagpipes and he danced, and danced, and it felt so good. Mac learned how much more fun he could have by being healthy, so he joined Julie, the personal trainer, and they helped other monsters to be healthy and happy.

ABOUT THE AUTHOR: Once upon a time there was a boy called Adam, who liked writing books, to be sure. He wrote his first ever children's book in 1999, and then wrote a whole heap more. Now he's written about a million different books, although it might be a little bit less. But it's a lot, I tell you that right now, maybe 999,999 at a guess. Adam Wallace loves writing books, but doesn't like eating his words. He likes smelling musk lifesavers, but doesn't like smelling dog messes. He loves taking siestas and afternoon naps, but there are two things that freak him out. When the moon and sun are both up together, and fax machines, of course. What are they

about?But all that aside, here are the facts,The things you need to know.Hes 39 years old, 178cm tall,And has a 6cm big toe.

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Adam Wallace & Heath McKenzie?Mac OBeasty? iBooks ? Mac OBeasty by Adam Wallace Hardcover Book - eBay Mac OBeasty was a huge Scottish monster who dreamed of travelling the land, playing his bagpipes. Every time he played, all the other monsters danced and **Images for Mac OBeasty** Mac OBeasty juz od 157,68 zł - od 157,68 zł, porównanie cen w 1 sklepie. Zobacz inne Literatura obcojezyczna, najtansze i najlepsze oferty, opinie.. **Christian Name and Surnames in Irish - Irish Identity** Ages 2 to 11 years. Mac OBeasty was a huge Scottish monster who dreamed of travelling the land, playing his bagpipes. Every time he played, all the other **Mac OBeasty (HC) - Woodslane** Buy Mac OBeasty by Adam Wallace, Heath McKenzie from Waterstones today! Click and Collect from your local Waterstones or get FREE UK delivery on orders **Mac OBeasty: Book #2: Adam Wallace: 9780980556452: Amazon** Mac OBeasty, available from Blackwells with fast dispatch and worldwide delivery. **Books Mac OBeasty Download PDF . Download Free EPUB Book** Brilliantly illustratedbeautifully written. An often hilarious story about a big fat Scottish monster called Mac OBeasty, who ate junk food all day long and became **Mac OBeasty by Adam Wallace, Heath McKenzie Waterstones** Available in the National Library of Australia collection. Author: Wallace, Adam, 1972- Format: Book 40 unnumbered pages : coloured illustrations 26 cm. **Mac OBeasty - City of Stirling Library Services** Mac OBeasty has 6 ratings and 2 reviews. abcJenny said: Review after reading Mac OBeasty to my two sons, Tommy (kinder) Charlie (prep)When I had finis **Mac OBeasty: : Adam Wallace, Heath McKenzie** Mac OBeasty. by Adam Wallace. Mac OBeasty was a huge Scottish monster who dreamed of travelling the land, playing his bagpipes. Every time he played, Available at now: Mac OBeasty, Adam Wallace, Heath McKenzie, JoJo Publishing

