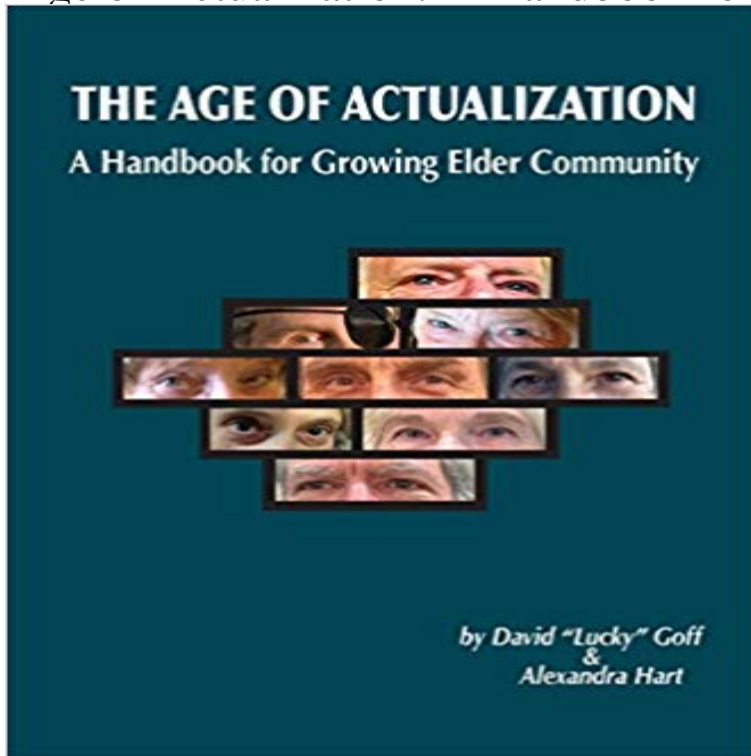


Age of Actualization: A Handbook for Growing Elder Culture



The Age of Actualization points to social practices that create community at any age and especially addresses what is beautiful and poignant about growing older. Isolation is broken, and elders can awaken to a host of fulfilling experiences in a community of peers.

Long life experience, overcoming and surviving hardships, being utterly unique and comfortable in oneself: these are ingredients of true wisdom. It turns out that old people thrive when they get together. Discovering themselves through one another uncovers secrets our culture has lost. These secrets reveal freedom, happiness, and the uniqueness of ones being in later life. If enough of this new generation of older people can attain Elderhood, their gifts of perspective and collective wisdom could guide humanity to a new understanding of the possibilities of a well-developed and mature population. Surprising discoveries accompany aging! There is an elder awakening happening older people are vital like they have never been before. Greying turns out to be ripening into something special!

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